## HIKE RECOMMENDATION

On	(day of week),	(date), the McC	all Hiking
Club will depart the Rite Aid parking lot at		(time), for a hike fror	n
		(location) to	
		ination. The distance to the trailhead	d is
approximately	miles. The road to the trailhead is paved/gravel/dirt/jeep trail (circle one)		
and high clearance	vehicles are/are not (circle one) reco	mmended. It is a hike of approximat	:ely
miles (	to be determined by hikers) with an $\epsilon$	elevation gain of approximately	feet.
There will/will not	(circle one) be bushwhacking associa	ted with this hike. There are	
	(description) stream crossings a	and water shoes are/are not (circle	
one)recommended	l. (General description of hike)		
This hike is rated as	s easy, moderate, strenuous, very str	enuous (circle one). The hike leader i	S
	(name). They m	ay be reached at	
	(phone number) or		(e-mail
address).			

Easy: 1 – 6 miles with less than 800 feet elevation gain

Moderate: 5 – 9 miles with less than 1,200 feet elevation gain

Strenuous: 6 – 12 miles with less than 2,000 feet of elevation gain

Very Strenuous: 6 – 14 miles with more than 2,000 feet of elevation gain

(A hike may be rated as more difficult if there are obstacles such as a large number of downed trees across the trail, steep side hills, bushwhacking, or rock scrambling)